**Half-day bird watching tour in Boquete**

Panama is surely one paradise for amateur bird watchers, in fact, this country is home to more than 960 species of bird, some are endemic birds and other are migratory birds. Almost 220 species live in Boquete’s rainforests; they are ideal for bird watching, specially, because of the peculiar species, among which the resplendent quetzal stands out. The colors of its plumage are simply fascinating: shaded green with blue and black, and metallic highlights. The male has even more flashy colors, its breast is intense red, its tail that may measure up to seventy centimeters long is white and green, its bill is yellow and its crest is green with black shades. The Mayans and Aztecs venerated it because, for them, it represented the god of the heaven. The quetzal feeds mainly on aguacatillo trees and nests in the holes of the trees. That is why the tour invites you to discover this and other rare and exotic birds along the trails of the clouded forest; among them, there are: the long-tailed silky-flycatcher (Ptiliogonys caudatus), barred becard (Pachyramphus versicolor), black-cheeked warbler (Basileuterus melanogenys), zeledonia, yellow-thighed finch (Pselliophorus tibialis), black guan (Chamaepetes unicolor), crested eagle (Morphnus guianensis), bare-throated bellbird (Procnias nudicollis), sulphur-winged parakeet (Pyrrhura hoffmanni), and several types of hummingbirds.

DURATION: approximately 4 hours.

TIME: to be agreed.

GUIDE: Spanish/English speaker guide.

IT INCLUDES: shuttle service from/to the hotel and tours.

RECOMMENDED OUTFIT: comfortable clothes and shoes, sunscreen, hat, sunglasses and repellent.